



**2024**

# **TEAM PLACEMENT PACKAGE**

**BULLETS ALLSTARS CHEERLEADING**

(03) 9587 9373

[WWW.BULLETSALLSTARS.COM.AU](http://WWW.BULLETSALLSTARS.COM.AU)

355 LOWER DANDENONG RD, DINGLEY VILLAGE

# WELCOME!

OUR 2024 TEAM PLACEMENT PACKAGE OUTLINES EVERYTHING YOU NEED TO KNOW ABOUT OUR TRYOUT PROCESS AND JOINING BULLETS ALLSTARS AS A COMPETITIVE ATHLETE.

PLEASE ENSURE YOU READ CAREFULLY AND ARE AWARE OF COSTING AND TRAINING REQUIREMENTS BEFORE SIGNING UP FOR OUR 2024 SEASON.



## CONTENTS

1. 2024 RANKS & PROPOSED TEAMS
2. TEAM PLACEMENT WEEK & INTRO WEEK
3. IMPORTANT DATES
4. COMMITMENT & ABSENCES
5. FEES & UNIFORM
6. LEVEL DESCRIPTIONS- WHAT LEVEL AM I?
7. AASCF NATIONALS- GOLD COAST \*ALL STAR TEAMS ONLY\*

## ABOUT US

ALLSTAR CHEERLEADING IS AN INCLUSIVE SPORT! THAT'S WHY, AT BULLETS ALLSTARS, WE HAVE TEAMS THAT CATER TO BOTH BEGINNER & ELITE ATHLETES OF ALL AGES.

OUR ALLSTAR PROGRAM IS PERFECT FOR ATHLETES WHO ARE READY FOR HIGHER LEVELS OF COMMITMENT WITH THE EXCITEMENT OF COMPETING AT MULTIPLE COMPETITIONS PER YEAR.

OUR NOVICE COMPETITION PROGRAM IS THE PERFECT ENTRY LEVEL FOR ATHLETES WANTING THE FUN AND EXCITEMENT OF COMPETITIONS, WITHOUT THE HUGE FINANCIAL AND TIME COMMITMENT!

BOTH COMPETITION PROGRAMS CONSIST OF VARIATIONS WITHIN TRAINING INCLUDING: TEAM TRAINING, FLYERS CLASS, GROUP & PARTNER TRAINING, AND TUMBLE CLASSES.

## CONTACT DETAILS

PLEASE CONTACT US VIA EMAIL FOR ALL ENQUIRIES REGARDING COMP TEAM PLACEMENTS:

[INFO@BULLETSALLSTARS.COM.AU](mailto:INFO@BULLETSALLSTARS.COM.AU)

355 LOWER DANDENONG ROAD, DINGLEY VILLAGE

[WWW.BULLETSALLSTARS.COM.AU](http://WWW.BULLETSALLSTARS.COM.AU)

# CLIMB THE RANKS

RANKS & TEAMS WILL VARY DURING 2024 FROM THE FOLLOWING LIST. TRAINING HOURS ARE SUBJECT TO CHANGE AT MANAGERMENTS DISCRETION. THESE HOURS ARE TO BE USED AS A GUIDELINE FOR EXPECTED COMMITMENT REQUIREMENTS.

## RANK 1 - NOVICE

TINY NOVICE - BB'S  
MINI NOVICE - PISTOLS  
YOUTH NOVICE - RIFLES  
JUNIOR NOVICE - TORPEDOES  
SENIOR NOVICE

NOVICE UNIFORM  
TRAIN ONCE PER WEEK  
1-2 HOURS PER WEEK  
4 COMPETITIONS PER YEAR

## RANK 2 - ALLSTAR

YOUTH 1 - LIEUTENANTS  
JUNIOR 1 - COMMANDERS  
SENIOR 1 - MISSILES  
OPEN 1 NT (NON-TUMBLE)

ALLSTAR UNIFORM  
TRAIN TWICE A WEEK  
3.5-5 HOURS PER WEEK  
5 COMPETITIONS

JUNIOR 2 - SHOTGUNS  
SENIOR 2 - ADMIRALS  
OPEN 2 - RECON

SENIOR 3 - AK3'S  
OPEN 2-4 NT (NON-TUMBLE)

OPEN 4 - BLACK OPS  
OPEN 5 - WARFARE

## AGE DIVISIONS

TINY (5-6 YEARS)  
MINI (5-9 YEARS)  
YOUTH (7-12 YEARS)  
JUNIOR (8-15 YEARS)  
SENIOR (11-18 YEARS)  
OPEN (15+ YEARS)

SUBJECT TO CHANGE\*



355 LOWER DANDENONG ROAD, DINGLEY VILLAGE

[WWW.BULLETSALLSTARS.COM.AU](http://WWW.BULLETSALLSTARS.COM.AU)

# TEAM PLACEMENT

TEAM PLACEMENT WEEK

MON DEC 4TH - FRI DEC 8TH

OUR NEW TEAM PLACEMENT WEEK WILL BE REPLACING OUR PLACEMENT DAY FOR THE 2024 SEASON. DURING TEAM PLACEMENT WEEK BOTH CURRENT AND NEW ATHLETES WILL TRAIN TOGETHER AND HAVE THE CHANCE TO BE ASSESSED FOR THE 2024 SEASON IN A SOCIAL, ENCOURAGING, AND SAFE ENVIRONMENT. WE ARE EXCITED TO BE TRIALLING THIS NEW PROCESS AND REMOVING THE PRESSURE THAT INDIVIDUAL PLACEMENT DAYS CAN CAUSE. WE BELIEVE THIS WILL PROVIDE A TRUER REFLECTION OF OUR STAFF AND CLUB CULTURE TO PROSPECTIVE ATHLETES.

ALL PLACEMENT WEEK TRAINING SESSIONS WILL RUN PER CURRENT SKILL ABILITY. YOU WILL FIND MORE INFORMATION ON WHICH SESSION IS RIGHT FOR YOU ON OUR "WHAT LEVEL AM I?" PAGE AT THE END OF THIS BOOKLET. LEVEL 1 AND OVER WILL BE REQUIRED TO ATTEND TWO SESSIONS.

## **NEW ATHLETES:**

ONLINE REGISTRATION IS REQUIRED FOR ALL NEW ATHLETES.

THERE IS A **\$15 PLACEMENT FEE** FOR NEW ATHLETES, THIS IS PAYABLE UPON ARRIVAL AT YOUR PLACEMENT SESSION. PLEASE ARRIVE 15MINS EARLY TO SIGN IN.

## **CURRENT ATHLETES:**

CURRENT ATHLETES WISHING TO BE ASSESSED FOR A HIGHER LEVEL IN 2024 MUST COMPLETE THE ONLINE REGISTRATION AND ATTEND THE APPROPRIATE SESSION. CURRENT ATHLETES REMAINING ON THEIR CURRENT LEVEL FOR 2024 ARE TO ATTEND THEIR CURRENT LEVEL/AGE SESSION. THERE ARE NO FEES FOR CURRENT ATHLETES.

## **ONLINE REGISTRATION REQUIRED (CLICKABLE LINK)**

[HTTPS://FORMS.OFFICE.COM/R/1AGVKM16AF](https://forms.office.com/r/1AGVKM16AF)

### **NOVICE 8 & UNDER**

THU 4:30 - 6:00PM

### **NOVICE 9 & OVER**

TUES 4:30 - 6.00PM

### **NON - TUMBLE**

MON 6:00 - 7:30PM

WED 7:30 - 9:00PM

### **LEVEL 1**

MON 4:30 - 6:00PM

WED 4:30 - 6:00PM

### **LEVEL 2**

TUES 6:00 - 7:30PM

THU 6:00 - 7:30PM

### **LEVEL 3**

WED 6:00 - 7:30PM

FRI 6:30 - 8:00PM

### **LEVEL 4 & OVER**

MON 7:30 - 9:00PM

THURS 7:30 - 9:00PM

INTRO WEEK

MON DEC 11TH - FRI DEC 15TH

ATHLETES WILL HAVE THEIR 2024 PLACEMENT CONFIRMED AT THE END OF PLACEMENT WEEK, AND ARE THEN INVITED TO ATTEND OUR 2024 INTRO WEEK. DURING INTRO WEEK WE SPEND OUR TIME GETTING TO KNOW OUR TEAMS AND DOING LOTS OF TEAM BONDING AND ICE BREAKERS SO NEW ATHLETES CAN MAKE FRIENDS BEFORE THE 2024 SEASON STARTS! TIMETABLE WILL REMAIN THE SAME AS TEAM PLACEMENT WEEK,

355 LOWER DANDENONG ROAD, DINGLEY VILLAGE

[WWW.BULLETSALLSTARS.COM.AU](http://WWW.BULLETSALLSTARS.COM.AU)

# IMPORTANT DATES

CHOREY WEEK (COMPULSORY FOR ALL TEAMS)

APR 8 - APR 12

AASCF WINTERFEST

JUNE 28 - 30

CHEERCON STATES

AUG 23 - 25

AASCF STATES

SEPT 20 - 22

AASCF SPRING CARNIVAL OR CHEERBRANDZ SUPER NATIONALS

OCT 25 - 27

BULLETS & MATHIS SHOWCASE

NOV 24

AASCF NATIONALS (GOLD COAST)

DEC 5 - 9

## COMPETITIONS BY TEAM RANK

### RANK 1 - NOVICE

CHEERCON STATES

AASCF STATES

AASCF SPRING CARNIVAL OR CHEERBRANDZ SUPER NATIONALS

BA SHOWCASE

### RANK 2 - ALLSTAR

AASCF WINTERFEST

CHEERCON STATES

AASCF STATES

AASCF SPRING CARNIVAL OR CHEERBRANDZ SUPER NATIONALS

BA SHOWCASE

AASCF NATIONALS- GOLD COAST



355 LOWER DANDENONG ROAD, DINGLEY VILLAGE

[WWW.BULLETSALLSTARS.COM.AU](http://WWW.BULLETSALLSTARS.COM.AU)



# COMMITMENT & ABSENCES

## ATHLETE ABSENCES

IN 2024, ATHLETES WILL NOT BE GIVEN THE OPPORTUNITY TO MISS TRAINING OR COMPETITIONS.

TRAINING MAY **ONLY** BE MISSED FOR SCHOOL CAMP, OR HIGHLY CONTAGIOUS ILLNESS. ALL CAMP DATES MUST BE EMAILED TO MANAGEMENT AT THE START OF THE COMPETITION YEAR.

IN 2023 WE HAD FAR TOO MANY ABSENCES FROM TRAINING SESSIONS, WHICH RESULTED IN STRESS AMONGST TEAMS AND WITH COACHES. WE WILL NOT BE ALLOWING THIS TO HAPPEN IN 2024.

IF YOU ARE PLANNING ON GOING ON A HOLIDAY, IT **MUST** BE DURING SCHOOL HOLIDAYS. ANY FAMILY HOLIDAYS PLANNED THAT INCLUDE TERM DATES MAY RESULT IN YOUR CHILD NOT BEING ABLE TO BE IN A COMPETITION TEAM NEXT SEASON.

## ATHLETE COMMITMENT

ATHLETES WHO ARE PLACED ONTO A BULLETS COMPETITION TEAM **MUST** COMMIT TO BETTERING THEMSELVES AS A CHEERLEADER IN ALL ASPECTS, INCLUDING BUT NOT LIMITED TO TUMBLING ABILITY, (SKILLS CLASSES ARE OFFERED FOR ALL LEVELS) FLEXIBILITY AND PERFORMANCE QUALITY.

PRACTICE OUTSIDE OF YOUR REGULAR TRAINING SESSIONS IS **ESSENTIAL** FOR THE SUCCESS OF OUR TEAMS AND OF INDIVIDUAL ATHLETES. IF AT HOME PRACTISE IS NOT BEING DONE, CONTRACTS MAY NEED TO BE PUT IN PLACE WITH ATHLETES.

SELF MOTIVATION AND DETERMINATION IS A HUGE PART OF BEING A COMPETITION ATHLETE, WE NEED ALL CHEERLEADERS TO WANT TO BE BETTER, TO WANT TO PRACTISE, TO WANT TO BE THEIR BEST, AND WE NEED ALL FAMILIES TO COMMIT TO HELPING THEIR ATHLETE ACHIEVE THIS.

CHEERLEADING IS ONE OF THE ONLY SPORTS IN THE WORLD WHERE **FULL TEAMS** ARE NEEDED FOR SUCCESSFUL TRAINING. IF AN ATHLETE IS MISSING, STUNTS CANNOT BE PRACTISED AND FULL ROUTINES CANNOT BE DONE.

AT BULLETS, WE TAKE PRIDE IN THE HIGH LEVEL OF ALL OF OUR TEAMS, NOVICE AND ALL STAR, AND REQUIRE FULL COMMITMENT FROM BOTH ATHLETES AND THEIR FAMILIES TO ENSURE THE BEST OUTCOME AT COMPETITIONS FOR ALL TEAMS.



355 LOWER DANDENONG ROAD, DINGLEY VILLAGE

[WWW.BULLETSALLSTARS.COM.AU](http://WWW.BULLETSALLSTARS.COM.AU)

# FEES & UNIFORM

## TERM FEES

TERM FEES ARE PAID VIA DIRECT DEBIT ONLY. BELOW IS THE WEEKLY CLASS COST FOR EACH RANK OF TEAMS. DIRECT DEBITS CAN BE WEEKLY, FORTNIGHTLY OR MONTHLY.

RANK 1 NOVICE (1 HOUR) - \$19 PER WEEK  
RANK 1 NOVICE (1.5 HOURS) - \$28.50 PER WEEK  
RANK 1 NOVICE (2 HOURS) - \$36 PER WEEK

RANK 2 ALLSTAR (3.5 HOURS) - \$63.50 PER WEEK  
RANK 2 ALLSTAR (5 HOURS) - \$80.75 PER WEEK

RECOMMENDED ADDITIONAL SKILLS/DEVELOPMENT CLASS - \$19 PER WEEK

## COMPETITION FEES

THIS IS A ONE OFF AMOUNT THAT WILL BE INVOICED AT THE BEGINNING OF TERM 1 AND MUST BE PAID PRIOR TO TERM 1 ENDING. PAYMENT PLANS ARE AVAILABLE UPON REQUEST FOR THE DURATION OF TERM 1.

THE COMPETITION FEE INCLUDES BUT IS NOT LIMITED TO: COMPETITION ENTRY FEES, TRAINING MERCHANDISE, CHOREOGRAPHY & MORE. PLEASE NOTE THESE ARE OUR 2023 COSTS AND FEES WILL CHANGE IN 2024

RANK 1 - NOVICE - \$580  
RANK 2 - ALLSTAR - \$730

## COMPETITION UNIFORM

NOVICE UNIFORM \$145

ALLSTAR UNIFORM \$285  
ALLSTAR OPEN UNIFORM \$285  
MALE ALLSTAR UNIFORM \$285

COMPETITION BOW \$30  
COMPETITION SCRUNCHIE \$25 EACH

COMPETITION UNIFORMS ARE THE SAME AS THE 2023 SEASON.



## CLUB MERCHANDISE

THE FOLLOWING ITEMS ARE COMPULSORY FOR ALL ATHLETES COMPETING AND WILL BE AVAILABLE TO ORDER AT MULTIPLE TIMES THROUGHOUT THE YEAR.

CLUB TSHIRT \$45  
CLUB JACKET \$90  
CHEER SHOES \$100+

ALL PRICES ARE BASED ON 2023 SUPPLIER COSTS, EVENT PROVIDER COSTS AND THE US DOLLAR CONVERSION RATE AND TEAM SIZES. ALL FEES WILL BE CONFIRMED IN 2024.

355 LOWER DANDENONG ROAD, DINGLEY VILLAGE

[WWW.BULLETSALLSTARS.COM.AU](http://WWW.BULLETSALLSTARS.COM.AU)

# WHAT LEVEL AM I?

FOR YOUR REFERENCE, THE BELOW TUMBLING SKILLS ARE INTENDED TO BE USED AS A STARTING POINT FOR TEAM SELECTION. ATHLETES SHOULD HAVE THE LEVEL APPROPRIATE SKILLS MASTERED TO MAKE A TEAM OF THAT LEVEL. ALL OF OUR TEAMS ARE DESIGNED TO BE SUCCESSFUL AT EVERY LEVEL & AGE DIVISION DOES NOT AFFECT A TEAMS LEVEL OR STANDARD.

LEVEL	APPROPRIATE SKILLS	ELITE SKILLS
NOVICE	NO EXPERIENCE REQUIRED CW & FORWARD ROLL BONUS	
LEVEL 1	CARTWHEEL STANDING BRIDGE - STAND UP HANDSTAND BRIDGE - KICK OVER	FRONT WALKOVER BACK WALKOVER VALDEZ FWO - CW - BWO
LEVEL 2	STANDING BHS ROUND OFF - BHS FHS	BWO - BHS T JUMP - BHS ROUND OFF - MULTIPLE BHS FHS - RO - BHS
LEVEL 3	STANDING MULTIPLE BHS RO - BHS - BACK TUCK SIDE AERIAL	JUMP - MULTIPLE BHS FHS - RO - BHS - BACK TUCK FRONT SAULT
LEVEL 4	STANDING BACK TUCK STANDING MULTI BHS - TUCK RO - BHS - LAYOUT	T JUMP - BACK TUCK CW - BACK TUCK STANDING BHS - BACK TUCK FHS - RO - BHS - LAYOUT FRONT SAULT - RO - BHS - LAYOUT
LEVEL 5	JUMP - BACK TUCK STANDING MULTI BHS - LAYOUT RO - BHS - FULL	STANDING BHS - LAYOUT RO - BHS - WHIP - BHS - LAYOUT SPECIALTY - RO - BHS - FULL

CW - CARTWHEEL  
FWO - FRONT WALKOVER  
BWO - BACK WALKOVER  
RO - ROUND OFF  
FHS - FRONT HANDSPRING  
BHS - BACK HANDSPRING

355 LOWER DANDENONG ROAD, DINGLEY VILLAGE

[WWW.BULLETSALLSTARS.COM.AU](http://WWW.BULLETSALLSTARS.COM.AU)



# NATIONALS 2024 - GOLD COAST

## AASCF NATIONALS DECEMBER 5TH TO 9TH ON THE GOLD COAST ALL STAR TEAMS ONLY

OUR LARGEST COMPETITION, AASCF NATIONALS, ALTERNATES BETWEEN VICTORIA AND QUEENSLAND EACH YEAR. WE ARE SO EXCITED TO BE ABLE TO TRAVEL NEXT YEAR UP TO THE SUNNY GOLD COAST FOR 2024 NATIONALS. HELD AT THE GOLD COAST CONVENTION CENTRE IN BROADBEACH, THIS EVENT IS SURROUNDED BY HOTELS, SHOPPING, RESTAURANTS, AND THE BEACH!

THIS COMPETITION IS ONE OF THE MOST IMPORTANT MOMENTS FOR OUR ATHLETES AND A COMPULSORY EVENT FOR ALL FAMILIES WHO WISH TO BE INVOLVED IN OUR 2024 TEAMS. BY ATTENDING OUR 2024 TEAM PLACEMENTS, YOU ARE COMMITTING TO TRAVELLING TO THE GOLD COAST IN DECEMBER OF 2024.

ALL FAMILIES WILL BE REQUIRED TO ARRIVE INTO THE GOLD COAST ON WEDNESDAY DEC 4TH.

MOST FAMILIES CAN FLY OUT ON MONDAY DEC 9TH.

WARFARE ATHLETES CAN FLY OUT TUESDAY DEC 10TH.

FAMILIES ARE RESPONSIBLE FOR BOOKING THEIR OWN FLIGHTS AND ACCOMODATION, WE HIGHLY SUGGEST BOOKING AS SOON AS YOU CAN, ONCE YOU HAVE BEEN ACCEPTED ON A TEAM, AS THIS IS A BIG COMPETITION AND PLACES ARE SURE TO BOOK OUT FAST!

WE HIGHLY RECOMMEND "QUBE RESORT" AND "SYNERGY" AS THEY ARE DIRECTLY OPPOSITE THE CONVENTION CENTRE AND LESS THAN 5MIN WALK TO THE EVENT, HOWEVER YOU ARE WELCOME TO STAY ANYWHERE WITHIN THE GOLD COAST AREA.

WE EXPECT FAMILIES AT THE COMPETITION EACH DAY TO SUPPORT OUR MATHIS & BULLETS TEAMS AND YOU WILL FIND YOURSELF GOING BACK AND FORTH EACH DAY. WE WILL SEND OUT A BREAKDOWN OF THE NATIONALS RUNNING ORDERS NEXT YEAR WHEN WE RECEIVE IT.

PLEASE EMAIL BRIDGET WITH ANY QUESTIONS YOU HAVE REGARDING GOLD COAST.



355 LOWER DANDENONG ROAD, DINGLEY VILLAGE

[WWW.BULLETSALLSTARS.COM.AU](http://WWW.BULLETSALLSTARS.COM.AU)